VIBE 59 Protocols

Acne is a common skin condition that causes pimples. It occurs when hair follicles under the skin become clogged with oil and dead skin cells. Run Time = 0:36

ADHD, or attention deficit hyperactivity disorder, is a neurodevelopmental disorder characterized by inattention, hyperactivity, and impulsivity. Run Time = 1:18

Allergy is a hypersensitivity to a foreign substance, called an allergen. When a person with an allergy is exposed to an allergen, their immune system overreacts, causing symptoms such as sneezing, coughing, hives, and wheezing. Run Time = 0:26

Alzheimer's disease is a progressive brain disorder that causes memory loss, cognitive decline, and eventually, death. Run Time = 0:30

Anti-aging is a term used to describe a variety of products and treatments that claim to slow down or reverse the aging process. Run Time = 1:00

Anxiety is a feeling of worry, nervousness, or unease. It can be a normal and healthy emotion, but when it becomes excessive or persistent, it can be a sign of a medical disorder. Run Time = 0:30

Arthritis is a group of diseases that affect the joints. It can cause pain, stiffness, swelling, and loss of function in the joints. Run Time = 1:03

Asthma is a chronic condition that causes inflammation of the airways. It can make it difficult to breathe, especially during an asthma attack. Run Time 0:33

Awaken 852 Hz is a frequency that is said to promote spiritual awakening. Run Time = 0:30

Brain Balancing is a type of therapy that uses magnetic waves to help balance the brain. Run Time = 0:41

Brain Fog is a term used to describe a feeling of mental haziness or confusion. It can be caused by a variety of factors, including stress, lack of sleep, and certain medical conditions. Run Time = 0:30

Brain Wave Alpha is a type of brain wave that is associated with a relaxed and focused state. Run Time = 0:30

Brain Wave Beta is a type of brain wave that is associated with alertness and focus. Run Time = 0:30

Brain Wave Delta is a type of brain wave that is associated with deep sleep. Run Time = 0:30

Brain Wave Gamma is a type of brain wave that is associated with high levels of cognitive activity. Run Time = 0:30

Brain Wave Theta is a type of brain wave that is associated with creativity and imagination. Run Time = 0:30

Breast Health is a term used to describe the overall health of the breasts. It includes factors such as breast cancer screening, breast cancer prevention, and breast health education. Run Time = 0:49

Bronchitis is inflammation of the lining of bronchial tubes, which carry air to and from the lungs. Run Time = 39 min

Carpal Tunnel is a condition that causes pain, numbness, and tingling in the hand and wrist. It is caused by compression of the median nerve, which runs through the carpal tunnel. Run Time 1:08

Cold Sores are small, painful blisters that appear on the lips or mouth. They are caused by the herpes simplex virus. Run Time = 2:30

Common Cold is a viral infection that causes symptoms such as runny nose, cough, sore throat, and congestion. Run Time = 1:27

Connect 639 Hz is a frequency that is said to promote connection and empathy. Run Time = 0:30

Constipation is a condition in which bowel movements are infrequent or difficult to pass. Run Time = 0:41

Depression is a common mental illness that causes persistent feelings of sadness, hopelessness, and worthlessness. Run Time = 0:32

DIA stands for Diabiological syndrome. It is a combination of Depression, Insomnia, and Anxiety. Run Time = 1:49

Earth 7.83 Hz is the natural frequency of the Earth. It is said to have a calming and grounding effect on the body. Run Time = 0:30

Earth 14.1 Hz is a frequency that is said to promote healing and regeneration. Run Time = 0:30

Earth 20.3 Hz is a frequency that is said to promote communication and connection. Run Time = 0:30

Express 741 Hz is a frequency that is said to promote creativity and self-expression. Run Time = 0:30

Fibromyalgia is a chronic pain disorder that causes widespread pain and tenderness in the body. Run Time = 2:24

Flu is a contagious respiratory illness that is caused by the influenza virus. It can cause symptoms such as fever, cough, sore throat, runny or stuffy nose, muscle aches, and fatigue. Run Time = 2:19

General Inflammation is a condition in which the body's tissues become inflamed. This can be caused by a variety of factors, including infection, injury, and certain medical conditions. Run Time = 0:36

Hangover is a group of symptoms that can occur after drinking too much alcohol. Symptoms can include headache, nausea, vomiting, fatigue, and sensitivity to light and sound. Run Time = 1:00

Heart Health is a term used to describe the overall health of the heart. It includes factors such as heart disease prevention, heart disease treatment, and heart health education. Run Time = 0:46

Immune Support is a term used to describe a variety of products and treatments that claim to boost the immune system. Run Time = 0:32

Insulin resistance is a condition in which the body's cells do not respond normally to the hormone insulin. Insulin is a hormone that helps the body's cells absorb glucose from the bloodstream. When cells become resistant to insulin, glucose builds up in the bloodstream, leading to high blood sugar levels. Insulin resistance is a major risk factor for type 2 diabetes. Run Time = 0:42

Kidney Support is a protocol that supports general Kidney health. Run Time = 0:26

Liberate 396 Hz is a frequency that is said to promote emotional freedom and release negative emotions such as anger, fear, and guilt. Run Time = 0:30

Liver Support is a term used to describe a variety of products and treatments that claim to improve liver health. Run Time = 0:39

Love 528 Hz is a frequency that is said to promote love, compassion, and forgiveness. Run Time = 0:30

Low Back Pain is a common pain that occurs in the lower back. It can be caused by a variety of factors, including injury, overuse, and certain medical conditions. Run Time = 1:02

Migraine is a type of headache that is often severe and debilitating. It can be accompanied by other symptoms such as nausea, vomiting, and sensitivity to light and sound. Run Time = 1:06

Mono, also known as mononucleosis, is a viral infection that causes fatigue, fever, sore throat, and swollen lymph nodes. Run Time = 0:36

Neck Pain is a common pain that occurs in the neck. It can be caused by a variety of factors, including injury, overuse, and certain medical conditions. Run Time = Run Time = 0:42

PMS, also known as premenstrual syndrome, is a group of symptoms that can occur before a woman's period. Symptoms can include bloating, breast tenderness, mood swings, and fatigue. Run Time = 2:06

Prostate is age-associated prostate gland enlargement that can cause urination difficulty. Run Time = 44 min

PTSD, also known as post-traumatic stress disorder, is a mental health condition that's triggered by a terrifying event — either experiencing it or witnessing it. Symptoms may include flashbacks, nightmares and severe anxiety, as well as uncontrollable thoughts about the event. Run Time = 2:15

Relax and Balance is a type of therapy that uses magnetic waves to help relax and balance the body. Run Time = 0:32

Resolve 417 Hz is a frequency that is said to promote problem-solving and decision-making. Run Time = 0:30

Shingles is a viral infection that causes a painful rash. It is caused by the varicella-zoster virus, which is the same virus that causes chickenpox. Run Time = 2:30

Sleep is a natural state of rest in which the body and mind are inactive. It is essential for physical and mental health. Run Time = 0:47

Stop Smoking is a term used to describe a variety of products and treatments that help people quit smoking. Run Time = 2:36

Sun Burn is a type of skin damage that occurs when the skin is exposed to too much ultraviolet (UV) radiation from the sun. Symptoms can include redness, pain, swelling, and blisters. Run Time = 0:34

Tendinitis is an inflammation of the tendons, which are the tissues that attach muscles to bones. It can cause pain, stiffness, and swelling in the affected area. Run Time = 1:26

Tinnitus is a ringing or buzzing noise in one or both ears that may be constant or come and go, often associated with hearing loss. Run Time = 1:46

TMJ, also known as temporomandibular joint disorder, is a condition that affects the temporomandibular joint, which is the joint that connects the jaw to the skull. It can cause pain, clicking, and popping in the jaw. Run Time = 2:11

Weight Loss is a term used to describe a decrease in body weight. It can be achieved through a variety of methods, including diet, exercise, and medication. Run Time = 0:42

White coat syndrome is a condition in which people experience anxiety or nervousness when they see a doctor or go to a medical setting. This anxiety can cause physical symptoms such as a rapid heart rate, sweating, and trembling. Run Time = 0:30

Wound Healing is the process by which the body repairs damaged tissue. It involves a number of steps, including inflammation, cell proliferation, and tissue remodeling. Run Time = 0:49